**WHAT TO DO – ALL PERSONNEL MOBILIZED**

If symptoms appear: fever, cough, breathing difficulties, ...

→ Isolate yourself at home
→ Wear a surgical mask
→ Call a physician

If you have no symptoms but have been in contact with a possible or confirmed case

**RISK IS MODERATE TO HIGH**

✔ Direct contact face-to-face - at a distance less than 1 m (3 feet) - with a possible case, at the time of a coughing, sneezing or during a chat

✔ Proximity with office colleague without respecting the barrier behaviours

→ 14 day isolation at home

  • Limit contacts with family relatives
  • Watch for symptoms reminiscent of a respiratory infection (cough, breathing difficulties…)
  • Monitor your temperature twice a day
  • Wash your hands regularly with water and soap or use a hydro-alcoholic solution

**RISQUE IS LOW**

✔ One-time close contact or prolonged contact but at a distance more than 1 m (3 feet), in an unconfined area

→ Clinical monitoring during 14 days without isolation

**GENERAL RECOMMENDATIONS**

The prevention strategy is based on the information and accountability of everyone

The virus transmission is mainly airborne (cough, sneeze, sputter, spit) but also occurs by touching hands or contaminated items, or via the feces

**FOLLOW THE BASIC HYGIENE PROCEDURES:**

- Use a disposable handkerchief
- Cough or sneeze inside your elbow
- When you are face-to-face with a coughing person, step back and stay at a range of 1 m (3 feet)
- In case of coughing, wear a surgical mask
- Wash your hands regularly with water and soap, particularly when arriving at work, before lunch, after getting to the bathroom
- After sneezing / coughing / blowing your nose, wash your hands or use a hydro-alcoholic solution
- Greet one another without shaking hands or kissing each other
- Ventilate living places

Whenever possible, provide hydro-alcoholic solutions in lunch rooms and cafeterias and at the entrance of meeting rooms

**If you have symptoms**

Report cases to your Inserm regional office and to your attending occupational physician